



EMO MATRIX

A PSYCHOLOGY COMPANY

LETTER OF RECOMMENDATION

Date: Nov 03rd 2025

Subject: Recommendation – Patricia Beatriz Flores

To Whom It May Concern,

It is with great respect and heartfelt confidence that we recommend **Patricia Beatriz Flores**, who has successfully completed her professional training in **Counseling & Guidance** through *Emo Matrix*.

Under the guidance of our Gold Medallist M.Phil. and PhD psychology mentors, Patricia has shown exceptional dedication, emotional intelligence, and therapeutic insight. She has not only learned the science of healing but also developed the kind of empathy and presence that truly makes a difference in people's lives.

Throughout her training, she mastered skills in:

- Individual & group counseling
- CBT, REBT, and trauma-informed care
- Emotional first-aid and crisis support
- Ethical, compassionate communication
- Workplace mental wellness and behavioural understanding

Patricia is thoughtful, calm under pressure, and deeply committed to the emotional well-being of those she serves. We believe she would be a valuable asset in **corporate wellness programs, government and educational mental health services, non-profit initiatives, and private counseling practice.**

She carries not just a certificate, but the spirit of what counseling should truly be—human, kind, and effective.

For any further details about her training or capabilities, feel free to reach out to us directly.

Warm regards,
Team Emo Matrix
Certification & Learning Division

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